

WHY CHANGE ME? THE BENEFITS OF PERSONAL EVOLUTION

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PATHWAYS/ROLES



**WHAT ADVICE WOULD I
GIVE MY 20 YEAR OLD
SELF?**



HOW YOU DO IT VERSUS
WHY YOU DO IT



INFLUENCED BY OTHERS



SOAK UP THE WORLD-
"YOU SURE KNOW
HOW TO LIVE"



POINT GUARDS, FULLBACKS AND OFFENSIVE LINEMEN



**SELF REFLECTION: GET
IT RIGHT WHEN YOU
GET IT WRONG**



ATTITUDE OF GRATITUDE



SHARING



LISTEN



UNBUCKLE THE SEAT BELT/SPICE LEVEL 9



**BRING OTHERS
ALONG FOR THE RIDE**



JANITOR'S CLOSET

- Accept change—its our only method of growth
- Self awareness
- Get involved
- Meet people
- Give back
- Be a sponge
- Take risks
- Don't be afraid to move
- He who does more than he paid to do will eventually be paid for more than he does.

AUDIENCE PARTICIPATION

