

Help Protect Ohio's Water Quality Environment

Dispose of Medicines, Vitamins and Other Supplements Properly

Do you have unwanted or expired prescriptions, over-the-counter medicines, or supplements in your home?

Do Not Flush or Pour Them Down the Drain unless Noted Differently on the Medicine's Packaging!

Proper Disposal of Unwanted Medicines, Vitamins and Other Supplements:



Do not flush medicines, vitamins or other supplements down toilet or pour them down drain unless noted on packaging.



Remove or conceal personal information and Rx number using black marker.



Put undesirable substance such as used coffee grounds or cat litter into disposable container with lid (or plastic bag). Mix the medicine or supplement with undesirable substance.



Seal medicine mixture with lid or inside plastic bag. Dispose mixture and medicine container in trash.



Close or tie trash bag. Take trash bag out to garbage as close to garbage pick up time as possible.

Some medicines, vitamins and other supplements poured down the drain or flushed down the toilet may pass through wastewater treatment plants. They may enter lakes, rivers and streams which are often used as sources for community drinking water supplies. Water treatment plants are generally not equipped to routinely remove medicines and supplements.

For more information on Pharmaceuticals and Personal Care Products and a link to the Federal prescription drug disposal guidelines, go to: www.epa.gov/waterscience/ppcp/



Visit ohiowea.org or call 614.488.5800

The Ohio Water Environment Association is a not-for-profit 501(c)(3) association that provides technical education and training for Ohio water quality professionals who clean water and return it safely to the environment.

